



Health & Safety Policy

Date: 1st September 2025

Review Date: 31st July 2026

1. Policy Statement

Love Play Active is committed to ensuring the health, safety, and welfare of all staff, coaches, participants, and visitors involved in our multi-sports programs. We will take all reasonably practicable steps to prevent accidents, injuries, and ill health in line with the **Health & Safety at Work Act 1974** and other relevant legislation.

Our aim is to create a safe, enjoyable, and inclusive sporting environment where risks are identified, managed, and minimized.

2. Responsibilities

2.1 Management Responsibilities

- Ensure compliance with all statutory health & safety requirements.
 - Provide and maintain safe equipment and facilities.
- Ensure all staff and coaches are trained, competent, and aware of health & safety procedures.
 - Review and update risk assessments and policies regularly.

2.2 Staff & Coaches Responsibilities

- Follow all health & safety procedures and risk assessments.
- Ensure activities are conducted safely and appropriately for the age, ability, and needs of participants.
 - Report hazards, incidents, or near misses to management immediately.
 - Hold relevant qualifications, DBS, safeguarding, and Prevent training.

2.3 Participants & Visitors Responsibilities

- Follow instructions given by coaches and staff.
 - Report any hazards, accidents, or unsafe conditions.
 - Wear appropriate clothing and footwear for all activities.
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3. Risk Assessment

- Risk assessments are carried out **prior to all sessions** and reviewed regularly.
 - Each activity is assessed for potential hazards including equipment, venue, environment, and participant factors.
 - Control measures are implemented to minimize risks, and staff are briefed accordingly.
 - Emergency procedures are included in risk assessments, including first aid provision and evacuation routes.
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4. Equipment & Facilities

- All sports equipment will be checked **before use** to ensure it is safe and in good condition.
 - Damaged or unsafe equipment will be removed immediately and reported to management.
 - Facilities must meet safety standards, including safe flooring, lighting, access, and emergency exits.
 - Coaches are responsible for maintaining the cleanliness and safety of areas used.
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5. First Aid

- At least **one trained first aider** will be present at all sessions.
 - First aid kits are maintained and readily accessible.
 - Any injuries will be recorded in an **accident book**, and serious incidents reported to management and parents/guardians as appropriate.
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6. Emergency Procedures

- Fire safety, evacuation, and lockdown procedures will be followed in accordance with the venue's guidelines.
- Coaches will ensure participants are aware of assembly points and procedures.

- Emergency contact information and medical details for participants will be readily available.
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7. Safeguarding & Welfare

- All coaches hold enhanced DBS checks, safeguarding certificates, and Prevent training.
 - Any concerns regarding participant welfare will be reported immediately in line with the **Love Play Active Safeguarding Policy**.
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8. Reporting & Monitoring

- All accidents, near misses, or hazards will be reported to management and documented.
 - Regular health & safety audits will be conducted to ensure compliance and continuous improvement.
 - Feedback from staff, participants, and schools will be considered to enhance safety procedures.
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9. Training

- All coaches and staff will receive induction training on health & safety policies and emergency procedures.
 - Refresher training will be conducted at least annually or as required by new legislation or activities.
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10. Review

This Health & Safety Policy will be reviewed **annually** or following any significant incident, change in legislation, or operational change.

Approved by:

Name: H. Broadhurst

Position: Director

Date: 1st September 2025

